

This Waiver executed by the party signing below (herein referred to as "Releasor"), is given to North Metro Football League, Inc. ("NMFL"), a not for profit 501(c)(3) corporation and the Westside Falcons Youth Football League (Westside Falcons) and sponsors and the owners and operators of all facilities in which events including meetings, games and practices are held and each of their subsidiaries, affiliates, divisions, and its and their officers, agents, board members, employees, staff, sponsors, agents, legal representatives, administrators, assigns, heirs, executors, those for whom NMFL and Westside Falcons is acting and those acting with NMFL authority and permission (collectively as "Releasees").

Initial _____

RELEASE OF ALL CLAIMS. Releasor, being of lawful age and on behalf of myself or my minor child who is participating in the Event, hereby releases and discharges Releasees from all present and future liabilities, debts, obligations, costs, expenses, damages, losses, charges, judgments, executions, liens, claims, demands, actions or causes of action of whatever nature or description, in equity or at law, whether caused in whole or in part by the Releasees or any other person or thing at the Event while Releasor is present, which the Releasor or his/her child or ward, family, estate, heirs, representatives, executors, administrators, successors or assigns (collectively, "Related Parties") may have, whether known or unknown, suspected, asserted or not asserted, arising out of participation by the Releasor or his/her child or ward in the Event, and agrees that Releasees are not responsible for any of the foregoing arising out of the Event, even if caused by their ordinary negligence. The Releasor understands, acknowledges and accepts that this Release and Waiver is intended to be binding on the Releasor and anyone related to Releasor.

Initial _____

RISKS ACCEPTED; MEDICAL TREATMENT. The Releasor further understands, acknowledges and accepts that participation in the Event involves certain inherent risks, including, but not limited to, property damage, economic loss and serious bodily injury (including death), and agrees that the Releasor or

his/her child or ward is voluntarily participating in the Event with full knowledge of the risks involved and accepts all risks of participation. The Releasor declares that the Participant is physically fit and has the requisite skill level to participate in the Event. The Releasor authorizes NMFL and/or a party designated by NMFL to provide medical treatment to the Releasor at the Releasor's cost, should the need arise. The Releasor understands, acknowledges and accepts that he or she must provide his/her own medical insurance for the participant.

Initial _____

GRANT OF PUBLICITY RIGHTS. The Releasor further grants the Releasees the right, but does not otherwise impose the obligation, to photograph, videotape and/or otherwise use the Releasor's/participant's name, face, likeness, voice and appearance in connection with exhibitions, publicity, advertising and promotional materials, free of charge without reservation or limitation.

The Releasor understands, acknowledges and accepts that this Release and Waiver of Liability is intended to be as broad and inclusive as permitted by the laws of the state in which the Event is taking place and agrees that if any portion of this Release and Waiver is invalid, the remainder will continue in full legal force and effect.

Signature _____ **Date** _____

Name (*please print*): _____ **Phone:** _____

Participant Name (*please print*): _____ **Participant Age:** _____

Emergency Contact Information: Name _____ **Phone No.** _____

Secondary Contact Information: Name _____ **Phone No.** _____